



LENHAM WANDERERS FOOTBALL CLUB

Founded 1909

Affiliated to the KentFA

Matchday Guidance Notes for Parents/Guardians, Players & Coaches

1 PREVENT CATCHING & SPREADING THE VIRUS



Wash hands frequently with soap and water or use a sanitiser gel



Catch coughs and sneezes with disposable tissues



Throw away used tissues (then wash hands)



If you don't have a tissue use your sleeve



Avoid touching your eyes, nose and mouth with unwashed hands



Avoid close contact with people who are unwell

2 Recommendations

- The club continues to follow F.A. Covid19 guidelines.
- Club Covid19 officer is – Russ Young, M - 07594 206818.
- Club Changing room to be kept closed during matchday and only used for toilets.
- Travel to venue alone, or only with another household member.
- Players to arrive changed and ready for the match.
- Ensure all players bring your own water bottle, preferably with your name on it.
- Only 1 parent/guardian per child (under the age of 14) to attend matches.
- All parents/guardians and players are required to sanitize their hands prior to going on the pitch.
- The sharing of kit and equipment should be avoided, but where equipment is shared, it must be cleaned.

- At home matches; Goal posts and corner poles should be wiped down before matches, after matches and at half time.
- All parents/guardians and players are required to social distance at all times.
- NO other spectator groups to attend matches.
- When the ball goes out of play, refrain from using your hands to retrieve the ball.
- Players must refrain from spitting, shouting or raising their voices.
- Regular hygiene breaks during the match should be encouraged.
- If the ball is handled by more than one person, the ball should be cleaned regularly with disinfectant wipes.
- All players to arrive and leave punctually so to avoid clustering of groups on the sidelines and car park.
- At the end of a match all parents/guardians and players are required to sanitize their hands at the earliest opportunity.
- If anyone feels covid19 symptoms during the match, it must be reported to the manager at the earliest opportunity.
- When the session is finished, players & coaches leave the William Pitt field, rather than congregating.